



Florence County Health Department

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NEWS RELEASE

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Blood Pressure Cuff Available for Public Use at Florence County Library

[Florence, WI] – According to the American Heart Association (2017), high blood pressure is a silent killer as nearly half of American adults have high blood pressure, but all too often they don't know it because there are no obvious symptoms. High blood pressure can be caused by an unhealthy diet, physical inactivity, obesity, drug or alcohol use, and genetic factors like age or sex. Fortunately, high blood pressure can be properly managed and the first step to management is getting your blood pressure checked.

In the 2022 Access to Health Care in Florence County Report, it's highlighted that there's a healthcare shortage in the area with a ratio of 1 primary care physician to every 2,150 Florence County residents. This has made it pertinent for the Florence County Health Department to make available, for public use, a blood pressure cuff that allows Florence County residents access to check and manage their blood pressure. The self-check blood pressure monitor along with an American Heart Association approved blood pressure range guide can be found at the Florence County Library located by the Florence Middle/High School, 400 Olive Avenue, open Tuesday through Thursday from 9 a.m. – 5 p.m. and Friday through Saturday 9 a.m. – 12 p.m.

The Florence County Health Department welcomes, Lacey Enders, as one of the three new 2022 Wisconsin AHEC (Area Health Education Centers) Community Health Interns. Lacey is a rising sophomore at St. Norbert College majoring in Pre-Nursing, with the intent to transfer to Bellin College's Nursing program to obtain her B.S.N. "Since I'm a Nursing student, I'll be working closely with the Health Department's Public Health Nurses to shadow and learn about the preventative work in place for the public's health. I'll also have the opportunity to work in the Department's water lab and go out in the field to help with inspections to broaden my public health experiences. I'm originally from Florence and had plans to return home this summer to spend time with my friends and family, so I'm excited to be interning at the Florence County Health Department and gain experience in preventative medicine." Please join the department in welcoming Lacey!

Florence County Health Department can be reached at 715-528-4837. Visit our website at <http://www.florencecountywi.com/> for more information on programming. The health department is located on the second floor, 501 Lake Avenue in the Florence County Courthouse, open Monday through Thursday from 8:15 a.m. - 4 p.m. open during lunch time and by appointment after hours.

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Florence County Health Department's 2022 Summer AHEC Intern, Lacey Enders, is pictured getting her blood pressure taken by the self-checking blood pressure monitor at the Florence County Library. Public Health Nurse, Rhonda Lindstrom, is pictured behind Lacey, teaching her about the different blood pressure ranges.



Public Health Nurse, Rhonda Lindstrom, is pictured in the middle presenting the blood pressure cuff to Librarian, Stephanie Weber. Florence County Health Department's 2022 Summer AHEC Intern, Lacey Enders, is pictured on the right presenting the American Heart Association's blood pressure ranges.