

August 2021 Newsletter: Healthy people, vibrant communities



Farmer's Market Nutrition Program

In this issue:

- TRHs— What are they and why are they important to the area?
- Building happy and healthy families through WIC's Farmers Market Program.
- Occurring this month, yoga and Walk With Ease classes.

The goal is to help increase fruit and vegetable consumption and promote healthy and happy families. Women, Infants, and Children (WIC) has already distributed 23 voucher books to several WIC families in 2021.

Q: What's new and different then last year?

A: Previously WIC issued \$30 worth of vouchers per family. This year WIC has increased the amount received by each family to \$30 per eligible person in each family.

Q: Who is eligible?

A: If you are pregnant and receiving WIC benefits, or have children under the age of five who are receiving WIC benefits you are eligible. If you are pregnant and/or have children under the age of five, please contact the Florence County Health Department to check your eligibility status to enroll in WIC. The Florence County Health Department currently provides 36 families and 66 WIC participants with nutrition benefits.



Q: What stands accept the vouchers?

A: Lila Tibb's Farmer's Market, Located near Florence Town Hall, is open Wednesday's 9AM-4PM and in Armstrong Creek on the corner of Hwy 8 & 101 on Saturday's 10AM-2PM.

A: Tink's Farmer's Market, located on Main Street in Niagara.

Q: How long does the WIC Farmer's Market program last?

A: Farmer's Market vouchers will be accepted through October 2021.

A: In addition to the Farmer's Market coupons, WIC has also increased it's fruit and vegetable benefits on the WIC card to \$35 per month through September.



What is a Tourist Rooming House?

A Tourist Rooming House, also known as a TRH, is a home or cabin rented for a short period of time (e.g. Air B&B or VRBO). In 2021, 24 TRH's were inspected by Florence County's newest Registered Sanitarian, Amber Kolberg and summer intern, Savannah Vassar. CONGRATULATIONS on your accomplishment Amber!

The Wisconsin Department of Agriculture, Trade and Consumer Protection requires that all short term rental lodgings in Wisconsin to hold a permit.

To begin the permit process or for more information, please call the Florence County Health Department at 715-528-4837



Yoga For All



- ◆ Classes begin on Tuesday, August 3rd at NWTC in Aurora, and Wednesday, August 4th at the Resource Center in Florence.
- ◆ To register for classes with instructor, Lynn Mueller, at a cost of \$5.00 a session, please call the ADRC of Florence County at 715.528.4890.
- ◆ No Mat? No problem! Mats will be available to borrow or buy.